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6 UNITED STATES DISTRICT COURT
7 WESTERN DISTRICT OF WASHINGTON
8 AT SEATTLE

9 GINA LUCARELLI,
10 Plaintiff,
11 v.
12 Commissioner of Social Security,
13 Defendant.

14 Case No. C23-0334-SKV

15 ORDER AFFIRMING THE
16 COMMISSIONER'S DECISION

17 Plaintiff seeks review of the denial of her application for Disability Insurance Benefits
18 (DIB). Having considered the ALJ's decision, the administrative record (AR), and all
19 memoranda of record, the Court **AFFIRMS** the Commissioner's final decision and **DISMISSES**
20 the case with prejudice.

21 **BACKGROUND**

22 Plaintiff was born in 1980, has at least a high school education, and has worked as a
23 receptionist, waitress, and cook. AR 41, 65–66, 104. Plaintiff was last gainfully employed in
January 2018. AR 104, 216.

On June 8, 2020, Plaintiff applied for benefits, alleging disability as of October 1, 2018.
AR 73. Plaintiff's applications were denied initially and on reconsideration, AR 111–123, and

1 Plaintiff requested a hearing, AR 124. After the ALJ conducted a hearing on May 26, 2022, the
 2 ALJ issued a decision finding Plaintiff not disabled. AR 12–32.

3 **THE ALJ'S DECISION**

4 Utilizing the five-step disability evaluation process,¹ the ALJ found:

5 **Step one:** Plaintiff did not engage in substantial gainful activity from October 1, 2018,
 6 the alleged onset date, through September 30, 2020, the date last insured.

7 **Step two:** Through the date last insured, Plaintiff had the following severe impairments:
 8 steroid-induced Cushing's Syndrome, anxiety disorder, depressive disorder, and post-
 9 traumatic stress disorder (PTSD).

10 **Step three:** These impairments do not meet or equal the requirements of a listed
 11 impairment.²

12 **Residual Functional Capacity:** Through the date last insured, Plaintiff could perform
 13 sedentary work as defined by 20 CFR 404.1567(a) except she could remember,
 14 understand, and carry out simple and routine instructions and tasks consistent with the
 learning and training requirements of SVP level 1 or 2 jobs. She could have frequent
 contact with the public, co-workers, and supervisors. She could frequently handle. She
 could occasionally stoop. She could not crouch, crawl, or kneel, and could not climb
 ramps, stairs, ropes, ladders, or scaffolds. She could not work at heights or in proximity
 to hazards. She had to avoid concentrated exposure to temperature extremes, chemicals,
 dust, fumes, and gases.

15 **Step four:** Through the date last insured, Plaintiff was unable to perform past relevant
 16 work.

17 **Step five:** As there were jobs that existed in significant numbers in the national economy
 18 that Plaintiff could have performed, Plaintiff was not disabled.

19 AR 18–32.

20 The Appeals Council denied Plaintiff's request for review, making the ALJ's decision the
 21 Commissioner's final decision. AR 1–6. Plaintiff appealed the final decision of the
 22 Commissioner to this Court. Dkt. 1.

23 ¹ 20 C.F.R. §§ 404.1520, 416.920.

² 20 C.F.R. Part 404, Subpart P., App. 1.

LEGAL STANDARDS

Under 42 U.S.C. § 405(g), this Court may set aside the Commissioner’s denial of social security benefits when the ALJ’s findings are based on harmful legal error or not supported by substantial evidence in the record as a whole. *Bayliss v. Barnhart*, 427 F.3d 1211, 1214 (9th Cir. 2005). As a general principle, an ALJ’s error may be deemed harmless where it is “inconsequential to the ultimate nondisability determination.” *Molina v. Astrue*, 674 F.3d 1104, 1115 (9th Cir. 2012) (cited sources omitted). The Court looks to “the record as a whole to determine whether the error alters the outcome of the case.” *Id.*

Substantial evidence is “more than a mere scintilla. It means - and means only - such relevant evidence as a reasonable mind might accept as adequate to support a conclusion.” *Biestek v. Berryhill*, 139 S. Ct. 1148, 1154 (2019) (cleaned up); *Magallanes v. Bowen*, 881 F.2d 747, 750 (9th Cir. 1989). The ALJ is responsible for evaluating symptom testimony, resolving conflicts in medical testimony, and resolving any other ambiguities that might exist. *Andrews v. Shalala*, 53 F.3d 1035, 1039 (9th Cir. 1995). While the Court is required to examine the record as a whole, it may neither reweigh the evidence nor substitute its judgment for that of the Commissioner. *Thomas v. Barnhart*, 278 F.3d 947, 954 (9th Cir. 2002). When the evidence is susceptible to more than one rational interpretation, it is the Commissioner’s conclusion that must be upheld. *Id.*

DISCUSSION

Plaintiff argues the ALJ erred by (1) failing to provide clear and convincing reasons supported by substantial evidence for rejecting Plaintiff's testimony, and (2) failing to provide legally sufficient reasons supported by substantial evidence for finding the opinions of treating endocrinologist, Dr. Fran Broyles, M.D., and consultative examining psychologist, Dr. Philip

1 Gibson, Ph.D., unpersuasive. Dkt. 8 at 1. The Commissioner argues the ALJ's decision is free
 2 of harmful legal error, supported by substantial evidence, and should be affirmed. Dkt. 14.

3 **A. The ALJ Did Not Harmfully Err in Rejecting Plaintiff's Testimony**

4 The ALJ discounted Plaintiff's testimony, finding that her statements concerning the
 5 intensity, persistence, and limiting effects of her symptoms were not entirely consistent with the
 6 longitudinal record, and that her symptoms were largely due to her decision to continue using
 7 high doses of steroids against medical advice. AR 19–20, 24. Plaintiff contends this was in
 8 error, arguing the ALJ's determination that she was not compliant with treatment
 9 recommendations to stop using steroids is an oversimplification of the record, and that the ALJ's
 10 conclusion that her physical and mental presentation were largely unremarkable is not supported
 11 by substantial evidence. Dkt. 8 at 14–17.

12 Absent evidence of malingering, an ALJ must provide clear and convincing reasons to
 13 discount a claimant's testimony. *See Burrell v. Colvin*, 775 F.3d 1133, 1136–37 (9th Cir. 2014).

14 In challenging the ALJ's findings, Plaintiff details her extensive history with steroid use
 15 and her attempts to wean off of the medication. Dkt. 8 at 14–17. She argues she first started
 16 taking steroids on the recommendation of a doctor and that she tapered her use in accordance
 17 with medical advice. *Id.* She further argues that because tapering causes severely debilitating
 18 symptoms and can be fatal if done too quickly, her ability to successfully wean off of the
 19 medication required her to continue using it. *Id.*; Dkt. 15 at 5–6.

20 As noted by the ALJ, however, the record reflects numerous instances where Plaintiff
 21 either resumed use of steroids against medical advice or continued their use at higher doses than
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 23

1 recommended. See AR 19 (citing 427, 452, 466, 1050–51, 1054–55, 1065–66, 1070).³ An
 2 “unexplained, or inadequately explained, failure . . . to follow a prescribed course of treatment”
 3 is a proper reason to reject a plaintiff’s testimony. *Molina v. Astrue*, 674 F.3d 1104, 1113 (9th
 4 Cir. 2012) (quoting *Tommasetti v. Astrue*, 533 F.3d 1035, 1039 (9th Cir. 2008)). By arguing
 5 only that she followed doctor advice when tapering off of steroids, Dkt. 15 at 5–7, Plaintiff fails
 6 to acknowledge or explain the evidence indicating her continued use in greater quantities than
 7 recommended. The ALJ properly considered this failure when assessing Plaintiff’s testimony.

8 Moreover, the ALJ cited numerous instances in which the record indicates that, following
 9 an initial bout of feeling poorly, Plaintiff’s symptoms on the whole improved after her reduction
 10 in or cessation of the use of steroids. AR 19, 24 (citing AR 529, 531–32, 1100–01, 1118, 1122,
 11 1125).⁴ This indicates Plaintiff’s condition was amendable to treatment. “Impairments that can
 12 be controlled effectively with medication are not disabling for the purpose of determining
 13 eligibility for [disability] benefits.” *Warre v. Comm’r of the SSA*, 439 F.3d 1001, 1006 (9th Cir.
 14 2006); see also *Odle v. Heckler*, 707 F.2d 439, 440 (9th Cir. 1983) (noting that an ALJ may
 15 consider whether treatment produced a fair response or control of pain which was satisfactory).

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 18 ³ See also, e.g., AR 545 (acknowledging Plaintiff took a “stress dose of 100mg of IM hydrocortisone
 19 tonight”); 552 (Plaintiff took steroids in hospital without first consulting medical staff), 1020 (noting
 20 Plaintiff’s decision to start using steroids again after successful taper), 1053 (recognizing Plaintiff’s
 21 decision to increase steroid dose), 1057–58 (recognizing Plaintiff’s decision to start using steroids again
 22 after successful taper), 1084 (same), 1145 (recognizing Plaintiff’s lack of attempt to taper recently and
 23 acknowledging her prior success at tapering), 1428 (noting Plaintiff’s decision to increase steroid dose).

⁴ See also, e.g., AR 1020 (noting Plaintiff’s symptoms abated when she stopped using steroids and that
 she was “quite active doing exercise and walking . . .”); 1050–51 (connecting steroid use to Plaintiff’s
 symptoms); 1055 (same); 1057–58 (noting Plaintiff’s conclusion that decreasing steroids improved her
 mood and that she was “generally cheerful”); 1159 (noting Plaintiff’s ability to do her usual daily
 activities on decreased dose of steroids and improvement in her anxiety); 1514 (recognizing Plaintiff only
 “crashing” after initial reduction in steroid dose and indicating she was “more functional the lower she
 gets, less days on bed, less fatigue. More ADLs”).

1 Plaintiff's contention that she experienced no improvement in symptoms when she tapered her
 2 steroid use, Dkt. 8 at 14–17; Dkt. 15 at 6–7, is not supported by the record.

3 Plaintiff challenges the ALJ's conclusion that her testimony was not entirely consistent
 4 with the longitudinal record and that outside of her weeklong hospitalization in May 2020, most
 5 records reflect a largely unremarkable presentation by Plaintiff. Dkt. 8 at 17. Plaintiff argues the
 6 ALJ failed to identify which of her testimony was not credible and which evidence undermines
 7 her complaints. Dkt. 15 at 8. She further argues the ALJ incorrectly determined that her
 8 presentation was largely unremarkable, citing instances in which she presented as anxious and
 9 distracted, restless and fidgeting, in distress, thin, tired, and shaking. Dkt. 8 at 17. Per Plaintiff,
 10 these noted abnormalities are consistent with her complaints that she would have trouble being
 11 "upright" for eight hours a day, on bad days was unable to get out of bed, and would have
 12 trouble with reliability at work due to fatigue and confusion. Dkt. 15 at 7–8. Finally, Plaintiff
 13 argues the ALJ erred in relying on her normal neurological and musculoskeletal exam findings
 14 when discounting her testimony, contending they have no bearing on her disabling medical
 15 conditions. Dkt. 8 at 17.

16 The ALJ also acknowledged the existence of intermittent abnormal findings in the record.
 17 AR 25–26 (citing instances where Plaintiff presented as anxious, distracted, or disengaged).
 18 However, he found that Plaintiff's anxious affect was at least partly due to her misuse of steroid
 19 medication, AR 25–26 (citing AR 438, 028),⁵ and that, in spite of the existence of some notes
 20 indicating abnormal findings, most notes showed that Plaintiff presented as "alert and oriented;
 21 in no acute distress and with no significant abnormalities in affect, concentration, memory, or

22 ⁵ See also, e.g., AR 466 (expressing concern over anxiety and mood issues related to Plaintiff's use of
 23 high-dose steroids; noting Plaintiff was potentially experiencing symptomatology related to high-dose
 steroid use); 525 (noting "[s]teroid-induced psychosis with delusions and severe anxiety"); 1050–51
 (connecting Plaintiff's anxiety and other symptoms to her high-dose steroid use); 1055 (same).

1 speech.” AR 26 (citing AR 545, 549, 563, 569, 586–89, 600–01, 603, 611–14, 624–29, 630–
 2 636, 638–39, 648–50, 988–92, 1021, 1127, 1531, 1537, 1581, 1605, 1630). The ALJ further
 3 highlighted that Plaintiff’s presentation was normal or mostly normal even when she reported
 4 extreme symptoms, such as the “wors[t] headache of her life” and “‘adrenal crises’ with
 5 dizziness, weakness, vomiting, and fatigue.” AR 25 (citing AR 563, 597–603, 630–36, 648–50).
 6 *See also* AR 26 (citing AR 983–87) (noting that Plaintiff presented as “anxious and distracted,”
 7 but that “her concentration, persistence, and pace were within normal limits; she required no
 8 redirection. She was cooperative, and had normal grooming, speech, and orientation.”). These
 9 findings, supported by substantial evidence, adequately identify which of Plaintiff’s testimony
 10 the ALJ found not credible and what evidence undermined her complaints. Further, contrary to
 11 Plaintiff’s contentions, her normal neurological exam findings—specifically, findings of normal
 12 affect and cognition; alertness; and lack of distress—are relevant to Plaintiff’s contention that
 13 she suffered from debilitating anxiety, exhaustion, confusion, and lack of attention.⁶ To the
 14 extent the ALJ’s consideration of Plaintiff’s musculoskeletal exam findings was in error, this
 15 error was harmless. *Carmickle v. Comm’r, Soc. Sec. Admin.*, 533 F.3d 1155, 1162 (9th Cir.
 16 2008).

17 Plaintiff challenges the ALJ’s finding that the evidence is not consistent with Plaintiff’s
 18 allegations of fatigue, anxiety, and cognitive defects because more often than not, she discussed
 19 physical, and not mental, ailments with her therapist. Dkt. 8 at 17. Plaintiff argues her failure to
 20 discuss such symptoms with her therapist does not change the fact that the record is replete with

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 22 ⁶ The Court notes that the record to which the ALJ cited to evidence normal neurological findings
 23 contains, for example, the following: “Neurological: She is alert and oriented to person, place, and time . . . [.]” AR 589; “Neuro: alert and oriented X 3, normal strength . . . [.]” AR 627; “Neurological: Alert and
 awake. Normal speech[.]” AR 634; “CNS STATUS: The patient is awake, alert and oriented to person,
 place and time. Receptive and expressive speech functions are normal. Cognition is linear and affect is
 appropriate for the occasion[.]” AR 1021; “Neurological: Alert and oriented[.]” AR 1127.

1 evidence of her discussing them with other providers. *Id.* It may be true that Plaintiff discussed
 2 these symptoms with other medical providers; however, the ALJ concluded that, in spite of her
 3 allegations, the objective medical evidence largely indicated a normal presentation by Plaintiff.
 4 AR 25–26. As previously discussed, this conclusion was supported by substantial evidence.

5 Plaintiff contends a claimant’s testimony cannot be rejected solely on the basis that it is
 6 not supported by objective medical evidence. Dkt. 8 at 17 (citing *Orteza v. Shalala*, 50 F.3d 748,
 7 749–50 (9th Cir. 1995)). It is true that “an ALJ cannot insist on clear medical evidence to
 8 support each part of a claimant’s subjective pain testimony when there is no objective testimony
 9 evincing otherwise”; however, “[w]hen objective medical evidence in the record is *inconsistent*
 10 with the claimant’s subjective testimony, the ALJ may indeed weigh it as undercutting such
 11 testimony.” *Smartt v. Kijakazi*, 53 F.4th 489, 498 (9th Cir. 2022) (emphasis in original). *See also*
 12 *Jones v. Comm’r of Soc. Sec.*, No. 1:22-CV-00769-SAB, 2023 WL 346824, at *10–11 (E.D. Cal.
 13 Jan. 20, 2023) (concluding that “the Ninth Circuit has provided that contradiction between the
 14 claimant’s testimony and the relevant medical evidence is a sufficient basis for an adverse
 15 credibility finding.”) (collecting cases); *Carmickle*, 533 F.3d at 1161 (“Contradiction with the
 16 medical record is a sufficient basis for rejecting the claimant’s subjective testimony.”).

17 Here, the ALJ found contradiction between the full extent of Plaintiff’s alleged symptoms
 18 and the objective medical evidence, and properly relied on this finding in discounting Plaintiff’s
 19 testimony.

20 **B. The ALJ Did Not Harmfully Err in Assessing the Medical Opinion Evidence**

21 Plaintiff challenges the ALJ’s assessment of the medical opinions of treating
 22 endocrinologist, Dr. Fran Broyles, M.D., and consultative examining psychologist, Dr. Philip
 23 Gibson, Ph.D. The Court will address each in turn.

1 *I. Legal Standards*

2 Under regulations applicable to this case, the ALJ is required to articulate the
 3 persuasiveness of each medical opinion, specifically with respect to whether the opinions are
 4 supported and consistent with the record. 20 C.F.R. § 404.1520c(a)-(c). An ALJ's consistency
 5 and supportability findings must be supported by substantial evidence. *See Woods v. Kijakazi*,
 6 32 F.4th 785, 792 (9th Cir. 2022).

7 *2. Fran Broyles, M.D.*

8 Dr. Fran Broyles, Plaintiff's treating endocrinologist, issued two written opinions dated
 9 November 10, 2021 and April 1, 2022, both of which opined that Plaintiff could not work full or
 10 part-time because of frequent absences and an inability to complete even a partial day of work.
 11 AR 1454, 1947.

12 The ALJ found Dr. Broyles's assessment unpersuasive, concluding it failed to reflect
 13 specific functional restrictions and could not be interpreted in concrete functional terms because
 14 the statement that Plaintiff was "disabled" and "[could not] work" was not a medical opinion,
 15 and instead was a legal conclusion reserved to the Commissioner. AR 29. The ALJ further
 16 determined that Dr. Broyles's opinion was poorly supported and inconsistent with the
 17 longitudinal record because (1) Dr. Broyles predicated the opinion on the condition of adrenal
 18 insufficiency, which had not been diagnosed; (2) even if adrenal insufficiency had been
 19 established, the longitudinal record did not reflect symptoms consistent with Dr. Broyles's
 20 assessment; and (3) the longitudinal record did not show that Plaintiff regularly missed,
 21 cancelled, or rescheduled appointments, which was inconsistent with Dr. Broyles's conclusion
 22 that Plaintiff would regularly miss work. AR 29–30.

1 Plaintiff argues the ALJ's conclusions are not supported by substantial evidence. First,
 2 Plaintiff contends Dr. Broyles did not simply state that Plaintiff could not work; instead, Dr.
 3 Broyles opined that Plaintiff could not keep a job because she would frequently be absent, which
 4 Plaintiff alleges is a concrete limitation. Dkt. 8 at 6. Plaintiff further contends the ALJ erred in
 5 rejecting Dr. Broyles's opinion as predicated on the condition of adrenal insufficiency because
 6 this conclusion was factually incorrect; Dr. Broyles actually provided that while it was unclear
 7 whether Plaintiff had adrenal insufficiency or iatrogenic adrenal insufficiency, it was clear that
 8 she had one or the other, and that in either case, the symptoms were the same and "severely
 9 disabling." *Id.* Finally, Plaintiff argues the ALJ improperly discounted Dr. Broyles's opinion on
 10 the ground that the record did not show that Plaintiff regularly missed, cancelled, or rescheduled
 11 appointments, as a "person's ability to attend infrequent medical appointments does not
 12 demonstrate that she can work [a] full eight hour workday five days a week." *Id.* at 10 (citing
 13 cases).

14 The Court agrees with Plaintiff on all points; however, it finds the ALJ's errors harmless.
 15 The ALJ ultimately concluded that Dr. Broyles's opinion was poorly supported and inconsistent
 16 with the longitudinal record because most records did not reflect symptoms consistent with Dr.
 17 Broyles's assessment, and instead indicated a largely unremarkable presentation by Plaintiff. AR
 18 29.⁷ As discussed above, this conclusion was supported by substantial evidence, and was a
 19 sufficient basis on which to discount Dr. Broyles's opinion.

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22 ⁷ The ALJ also found generally persuasive the opinions of the DDS psychological consultants, Dr.
 23 Patricia Kraft, Ph.D., and Dr. John Gilbert, Ph.D., who concluded, among other things, that Plaintiff could
 maintain attendance and complete a normal workday and workweek. AR 87–89, 103–105. This lends
 further support to the ALJ's decision to discount Dr. Broyles's opinion that Plaintiff could not work
 because of frequent absences. *Kaufmann v. Kijakazi*, 32 F.4th 843, 851 (9th Cir. 2022) (a reviewing court
 looks to all pages of the decision when determining whether substantial evidence supports the decision).

1 3. *Philip Gibson, Ph.D*

2 On January 16, 2021, at the request of the SSA, Dr. Philip Gibson conducted a
 3 psychological examination of Plaintiff. Dr. Gibson opined that Plaintiff would have difficulty
 4 maintaining regular attendance and completing a normal workday/workweek without
 5 interruptions from her psychiatric condition, and would have difficulty dealing with the usual
 6 stress encountered in the workplace. AR 984–87.

7 The ALJ found Dr. Gibson’s opinion unpersuasive, concluding it was speculative, did not
 8 articulate a specific level of vocational restriction, could not be interpreted in concrete functional
 9 terms, and was poorly supported and inconsistent with the longitudinal record. AR 27. While
 10 Dr. Gibson pointed to sleep difficulty, fatigue, and poor stress tolerance as rationale for his
 11 assessment, the ALJ found that these symptoms were largely drawn from Plaintiff’s own report,
 12 which the ALJ found not entirely credible. AR 27. The ALJ further concluded that Dr. Gibson’s
 13 clinical findings did not reasonably reflect abnormalities to corroborate Plaintiff’s reports and
 14 that his opinion was internally inconsistent. AR 27–28. Finally, because Dr. Gibson saw
 15 Plaintiff only once and reviewed no treatment notes, the ALJ concluded his opinion was of
 16 limited probative value. AR 27.

17 Plaintiff argues the ALJ improperly rejected Dr. Gibson’s opinion as speculative and
 18 based on Plaintiff’s own reports, not only because the ALJ’s credibility determination was not
 19 sound, but because “the rule allowing an ALJ to reject opinions based on self-reports does not
 20 apply in the same manner to opinions regarding mental illness” because psychiatric diagnoses
 21 “will always depend in part on the patient’s self-report, as well as on the clinician’s observations
 22 of the patient.” Dkt. 8 at 12 (citing *Buck v. Berryhill*, 869 F.3d 1040, 1049 (9th Cir. 2017)).
 23 Plaintiff contends that because Dr. Gibson’s opinion was also based on his clinical interview and

1 the objective findings of his MSE, it could not have been speculative. *Id.* Finally, Plaintiff
 2 argues the ALJ failed to properly explain how he concluded Dr. Gibson's opinion was
 3 speculative.

4 But the ALJ did not just reject Dr. Gibson's opinion as "speculative"; he also rejected it
 5 as poorly supported and inconsistent with the longitudinal record. AR 27. Moreover, while it is
 6 true that an ALJ errs when she relies on a claimant's discredited self-reports to reject the
 7 "objective measures" of a psychologist's evaluation, *Mona Faye C. v. Comm'r of Soc. Sec.*, 21-
 8 cv-00140-DCN-REP, 2022 WL 16639331, at *6 (D. Idaho Aug. 22, 2022), *report and*
 9 *recommendation adopted sub nom. Mona Faye C. v. Kijakazi*, 21-cv-00140-DCN-REP, 2022
 10 WL 16635577 (D. Idaho Nov. 2, 2022) (citing *Buck*, 869 F.3d at 1049), here, the ALJ found that
 11 Dr. Gibson's objective findings did not themselves reflect abnormalities to corroborate Plaintiff's
 12 reports. AR 27. Plaintiff argues that Dr. Gibson's objective observations did support Plaintiff's
 13 allegations, as well as Dr. Gibson's opinion. But as the ALJ explained, while Dr. Gibson noted
 14 that Plaintiff appeared "anxious and distracted," he found that "her concentration, persistence,
 15 and pace were within normal limits; she required no redirection. She was cooperative, and had
 16 normal grooming, speech, and orientation. She made mistakes in counting backward from 200
 17 by sevens, but had sufficient concentration to follow a three-step task and spell 'world'
 18 backward." AR 26 (citing AR 984–87). This sufficiently explains the ALJ's conclusion that Dr.
 19 Gibson's objective observations were not consistent with the symptoms and severe functional
 20 limitations alleged by Plaintiff.

21 Plaintiff avers that the ALJ erred in rejecting Dr. Gibson's opinion as "internally
 22 inconsistent." Dkt. 8 at 13. The ALJ concluded that Dr. Gibson's finding that Plaintiff would
 23 have difficulty maintaining regular attendance and completing a normal workday/workweek, and

1 would have difficulty dealing with the usual stress of the workplace, was internally inconsistent
 2 with his findings that Plaintiff “had no limitation in the ability to perform detailed and complex
 3 tasks; accept instructions from supervisors; interact with coworkers and the public; and perform
 4 work activities on a consistent basis without special or additional instruction.” AR 28. Per
 5 Plaintiff, there was no internal inconsistency in these findings because the opinions the ALJ
 6 found inconsistent were separate and distinct from each other. Dkt. 8 at 13. Contrary to
 7 Plaintiff’s contentions, however, a finding that Plaintiff would have difficulty dealing with the
 8 usual stress in the workplace is inconsistent with a finding that Plaintiff would not struggle to
 9 complete challenging tasks, perform work consistently, or interact with coworkers and
 10 supervisors—all of which serve as workplace stressors. The ALJ did not err in making this
 11 assessment.

12 Plaintiff argues the ALJ erred in rejecting Dr. Gibson’s opinion on the ground that Dr.
 13 Gibson saw Plaintiff on only one occasion and reviewed no treatment notes, alleging a medical
 14 source providing a “one-time exam” is not in itself a valid reason to reject an opinion. Dkt. 8 at
 15 11 (citing 20 C.F.R. § 404.1520c(b) (providing that the ALJ will determine a claimant’s capacity
 16 to work based on all medical opinions in the record)). Finally, Plaintiff contends that the ALJ
 17 erred in rejecting Dr. Gibson’s opinion for failing to articulate a specific level of vocational
 18 restriction, arguing Dr. Gibson’s determination that Plaintiff would have difficulty maintaining
 19 attendance is a concrete limitation. *Id.* at 13. But even assuming both findings were in error, the
 20 errors were harmless, as the ALJ provided sufficient other reasons supported by substantial
 21 evidence for discrediting Dr. Gibson’s opinion. *See Molina*, 674 F.3d at 1115.

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CONCLUSION

For the reasons set forth above, the Commissioner's final decision is **AFFIRMED** and this case is **DISMISSED** with prejudice.

Dated this 3rd day of October, 2023.

S. Kate Vaughan
S. KATE VAUGHAN
United States Magistrate Judge